Who should receive a steroid treatment card?

Information and advice

<table>
<thead>
<tr>
<th>Form</th>
<th>Give a steroid card</th>
<th>Steroid card is not required (but can be requested by a doctor or pharmacist)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Inhaler</td>
<td>Red listed high dose inhaled corticosteroid inhalers.</td>
<td>Orange listed intermediate dose inhaled corticosteroid inhalers.</td>
</tr>
<tr>
<td></td>
<td>Orange listed intermediate dose inhaled corticosteroid inhalers and takes another steroid (nasal/oral).</td>
<td></td>
</tr>
<tr>
<td>Oral</td>
<td>Patients prescribed systemic corticosteroids for 3 weeks or more.</td>
<td>Patients prescribed systemic corticosteroids for 3 weeks or less.</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Patients receiving more than four short oral courses per year.</td>
</tr>
<tr>
<td>Other</td>
<td></td>
<td>Patients prescribed topical or nasal corticosteroids.</td>
</tr>
</tbody>
</table>

Green listed low dose inhaled corticosteroid inhalers do not require a steroid card.

For further information about the doses of inhaled corticosteroids in adults that require an inhaled corticosteroid card, see the following link for a detailed colour coded table:

The form of steroid determines the choice of card given:

**Inhaler Steroid Card**

**Oral Steroid Card**

References and Provenance

- Guidance for Healthcare Professionals on Inhaled Corticosteroids in Adults, Developed by London Respiratory Network
- Steroid Treatment Cards - A Reminder, Developed by Midlands and Lancashire Commissioning Support Unit: Home

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